

Montvale Rec Adventure Camp

Frequently Asked Questions

Meet the Directors!



Candice Carlisle is our Director of Adventure Camp. She joined the Montvale Recreation Summer Camp staff in 2018. She came with experience as a counselor of 5 years at another camp and a passion for working with children. She is a middle school teacher in West Milford as well as their high school's JV softball coach. She is a dedicated member of our team, working all year with her assistant director to make Adventure Camp the best it can be.

Kayse Daniel is our Assistant Director of Adventure Camp. She joined the staff in 2019 and came with experience as a counselor and teen director of the Boys and Girls Club in Hawthorne. She is an elementary school teacher in Hawthorne and is an enthusiastic addition to our staff. Her favorite time of year is summer camp and she looks forward to finding new ways to improve on our already amazing program.

Both of our directors are looking forward to a great summer!

What are the trips?

The trips for 2022 include:

- Darlington Lake (once per week)
- Bowling (every Thursday)
- Turtleback Zoo
- Castle Fun Center
- Painting with a Twist
- Splash Plex (twice)
- Rockland Boulders Game

*Specific dates for trips will be provided once all trips are finalized.

Will there be a limit to the number of campers able to participate?

The maximum number of campers will be 60. Additional campers will be waitlisted and notified if changes are made that allow for more campers to be accommodated or if spots open in specific groups.

How will any important information be communicated to parents?

The main channel of mass communication, notification and information for anything camp related will be through email. Please check your email regularly for camp updates, notices and announcements. For this reason, it is very important that we have a valid email for every parent. If you are concerned about getting emails or have not received an email, please check your spam box first and then please call 201-391-5700, ext 251.

What about inclement weather?

All trips will go on regardless of weather with the exceptions of Darlington Lake, Turtleback Zoo, Splash Plex, the Boulders game, Castle Fun Center. Cancellation of a trip may or may not be decided until after campers are already dropped off. Camp will be held regardless of trip cancellation. Campers will follow the rainy day procedures in the Community and Rec Center at 1 Memorial Drive. Please drop off and pick up 6th and 7th graders at this location on

inclement weather days. If/when we need/are able to reschedule a canceled trip, the rain dates will be given out at that time. If it is raining on their designated bowling day, parents may be asked to drop off at the Bowling Alley instead.

What about lunch?

- Trips: Some trips will give campers the option to purchase lunch, while other trips will require a bagged lunch for all campers. This information will be noted on the trip calendar. If your child is bringing a lunch, please label it with their name, group and camp name.
 - Turtleback Zoo Lunch Choices- Pizza, Chicken Nuggets, Hamburgers, Cheeseburgers, Fries, Nachos, Pretzels etc.
 - Castle Fun Center Lunch Choices- Pizza, Chicken Nuggets, Hamburgers, Cheeseburgers, Fries, Nachos, Pretzels etc.
 - Boulders Game- Hamburger, Cheeseburger, Hot dog, Fries, etc.
- Bowling Days: On Bowling Days campers should bring a bagged lunch from home. They may choose to bring money to purchase snacks or lunch at the bowling alley.
- On Site Days: Please pack a lunch for your camper. It will be stored in an air conditioned building until lunchtime.

Please remember we are NUT FREE camp

Does my child need additional money on trips?

Campers may choose to bring additional money to the following trips: Turtleback Zoo (lunch/souvenir), Boulders game (lunch/souvenir) and Castle Fun Center (lunch).

What should my child wear on the trips?

Campers **MUST** wear their provided camp shirts (will receive on the first trip day of camp) on each trip. Campers who arrive late or without their shirt will **NOT** be able to go on the trip that day and must be picked up from camp. Campers must also wear sneakers for Castle Fun Center, Turtleback Zoo and on all bowling days.

What if my child doesn't want to go on a trip or is sick?

If a camper does not want to participate in a trip or is sick, the camper will not be able to attend camp for that date. All trips are nonrefundable as they are all included in the original camp fee. If any camper presents a fever, we require that they are kept home until they have been fever-free, without medication, for 24 hours. We strive to keep all campers healthy and safe so we appreciate your cooperation in this matter.

What if I miss the bus?

Campers must arrive on trip days no later than **9:00am**. Buses will arrive and depart promptly. A camper who misses the bus will not be able to participate in the trip or camp for that day.

What if the bus gets back late?

The bus will return to Montvale during regular camp hours. Should the bus arrive late from a trip and it impacts the pick up time, parents will be notified right away via email.

What if I need to pick up my child early from a trip?

Parents **will not** be able to pick up campers early from a trip. If there are extenuating emergency circumstances, you must contact Lisa Loranger at least 30 minutes prior to pick up.

What if my child is walking home?

If your child will be walking to and/or from camp every day, it must be indicated on their registration form. If your child is walking to camp and will be absent for any reason, you **must** call 551-207-0388 to report them absent. If you do not report them absent and they do not arrive for camp, you should expect a phone call from a director or the police department if we are not able to get a hold of any listed emergency contacts. If your child does not normally walk home, but will be for a day, you must send them with a signed note. We do not make exceptions for any campers walking home. (I.e. if they do not have a signed note or if they are too young) We take the responsibility of you placing these campers in our care very seriously and must take every precaution to ensure their safety. We reserve the right to deny a camper to walk home if they are ill, injured, unsafe or have had any issues walking home in the past.

How will my child be supervised on trips?

Each camper will be assigned to a small group that will be supervised by several counselors. The counselors will remain with their small group at all times. These counselors will be the same counselors that are part of the camper's everyday group. In addition to counselor supervision, the Adventure Camp directors will attend every trip with one director riding on each bus.

What if my child requires medication to be administered or carried with them during the trip?

All medications must be given to your camper's head counselor on the first day of camp and left with them for the duration of the summer. All medications will travel with counselors at all times. If a camper has any allergies or asthma, a FARE Food Allergy and Anaphylaxis Emergency Care Plan and/or Asthma Treatment Plan **MUST** be submitted by May 15th. If your child will possibly need ANY medication for a medical condition other than the previously stated, doctor's orders must be submitted by May 15th. If doctor's orders are not submitted, camp personnel will **NOT** be able to administer any medication.

In the event that medication needs to be administered, it will be done so by trip directors Candice Carlisle, Kayse Daniel (or the Camp Nurse when on site) **only** and will follow the parent provided action plan. A phone call to the parent/guardian will always follow any administration of medication to a camper. If you need to update your camper's action plan, please contact Lisa Loranger immediately.

How should I label my child's medication?

Since many trips will be off site, parents must put their camper's medication in a Ziploc bag. The Ziploc bag must then be labeled with a permanent marker using the following format:

Montvale Rec Adventure Camp

If Found Please Contact: Candice Oltmanns 551-655-7506

Camper Name

Grade and Gender

What about bowling days?

Bowling is mandatory for campers, there will not be alternate supervision at camp if they do not want to go bowling. If you do not want your child to go bowling, you must keep them home on the days their group is scheduled to go bowling.

If there is rain, a thunderstorm or lightning predicted for any Tuesday morning, we will send out an email that parents are to drop off their children assigned to bowl that day at the bowling alley itself.

****Please be aware that the bowling alley is NOT the controlled peanut free environment that we have at camp. It is not in our control if other adults/children or camps bring in outside food that contains nuts. The bowling alley also has a snack bar that is not guaranteed to be peanut free. Although we always take every precaution to be aware of camper's allergies, we do want to make sure you are aware of this variable. Any and all medications, EpiPens etc. will travel with that camper's counselor at all times.**

SNACK LIST

Please remember, we are a nut free camp! The following is a list of some more popular safe snacks, taken from snacksafely.com Please refer to the website for a full version of this list and for updates as product ingredients do change, and **ALWAYS check your food labels.**

Fresh Fruit (check w/ counselor allergies in group possible), Hershey's Plain Chocolate Kisses, DumDum lollipops, Kraft Marshmallows

PRETZELS

Utz Halloween Pretzel Treats

Utz Hard Pretzels

Utz Pretzel Sticks- cinnamon, country stix

Utz Pretzel varieties- butter waffle, nuggets, holiday shapes, rods

Utz Select Pretzels- Honey Wheat Braids

Bachman Pretzels- Twists, Butter Twist, mini bite size, thin N Right, Rods

Herr's- Extra thin, Rods, Whole grain Honey Wheat

Pepperidge Farm Goldfish Pretzels

ShopRite- mini, waffle, rods

CHIPS

Utz tortilla chips- Lowfat baked, organic, multigrain, restaurant style

Bachman tortilla chips- restaurant style, MultiGrain

Doritos-Nacho cheese, Cool ranch

Tostitos- Restaurant Style, scoops, crispy rounds, multigrain, multigrain scoops

Utz Potato Chips- Regular, BBQ, Sour Cream

Baked Ruffles- Original, cheddar and sour cream

Baked Lays- original, sour cream and onion

Lays- classic, BBQ, sour cream and onion

Pringles- original, reduced fat, bbq

Pringles- snack packs

ShopRite- original, crinkle cut, kettle chips

POPCORN

Utz Popcorn- butter, cheese, white cheddar

Bachman- original, light

Smartfood- white cheddar, reduced fat, movie theater butter

Wise- original butter, white cheddar

Quaker Quakes Rice Snacks- caramel corn, ranch, sea salt & cracked black pepper, kettle corn, chocolate, sweet chili, cheddar cheese, sour cream & onion

Pirate's Booty Veggie, Aged white cheddar

Pop Corners

Utz Cheese Balls

Cheetos- puffs, crunchy

Herr's baked cheese curls

Wise Cheez Doodles- puffed, o's and crunchy

FRUIT SNACKS

Betty Crocker Fruit roll ups

Betty Crocker Fruit by the Foot

Betty Crocker Fruit Snacks

Annie's Organic Bunny Fruit Snacks

CRACKERS

Cheese Nips

Cheez-it
Goldfish
Goldfish Grahams
ShopRite Saltines
ShopRite Cheese Crackers
ShopRite Oyster Crackers
Townhouse
Keebler Grahams, Scooby Doo, bites
Nabisco Grahams, Honey Maid
ShopRite Grahams
Teddy Grahams

COOKIES

Barnum's Animal Crackers
Chips Ahoy
Keebler vanilla wafers
Lorna Doone Shortbread cookies
Nabisco 100 calorie packs- chips ahoy, lorna done
Nabisco Biscos sugar wafers
Nabisco Ginger snaps
Newtons- original fig, fat free, whole grain, strawberry, raspberry
Oreo- original, double stuff
ShopRite Scrunchy Animal Crackers
Nutri Grain Cereal Bars
Special K Bars
Kelloggs Original Rice Krispies Treats

FROZEN TREATS

Dole Fruit Bars
Luigi's Italian Ice
Marino's Italian Ice
ShopRite Red, White and Blue Pops
Minute Maid Juice Bars
Breyers Pure Fruit Bars
Bryers Dixie cups- Vanilla and Chocolate
Philly Swirls